LANIVET INN MAIN MENU

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---- SERVED FROM 12:00 UNTIL 14:30 & 17:00 UNTIL 21:00

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GRAZING

£6.95 EACH OR 3 FOR £17.95

NEW MAC 'N' CHEESE BITES WITH TOMATO SALSA

CREAMY GARLIC MUSHROOMS (VGO) CROSTINI, PARSLEY

NEW SALT & PEPPER CHICKEN STRIPS WITH SWEET CHILLI DIP

CURRIED RED LENTIL SOUP WITH CROUTONS

NEW BREADED WHITEBAIT WITH TARTARE SAUCE & LEMON

SOUP OF THE DAY

AND GARLIC HERB OIL £6

MINI CHORIZO BITES (GF) SPICY SPANISH SAUSAGE.

FRIED HALLOUMI BITES (V) COATED WITH SESAME SEEDS, HONEY & OREGANO.

BBQ PORK BITES (GF) WITH SPRING ONION & CHILLI.

NEN ONION BHAJIS (VG) WITH MANGO CHUTNEY ANTIPASTI Olives, sun blush tomatoes and peppers in a Mediterranean oil.

NEW BUTTERFLY PRAWNS CRISPY BUTTERFLY PRAWNS WITH SWEET CHILLI DIP

PIGS ON STICKS CHIPOLATA SAUSAGES COOKED WITH WHOLEGRAIN MUSTARD AND HONEY.

STARTERS

TOASTED BREAD & OLIVES (VG) Served with balsamic & Oil & Sea Salt. 6.95

BAKED CAMEMBERT (V) (GFO) BAKED IN BREAD WITH ROSEMARY + SEA SALT + FIG RELISH (20 MINUTES COOK TIME) 11.95

STEAK MENU

ALL OF OUR STEAKS ARE SOURCED LOCALLY THROUGH BUTTON MEATS. FLAVOURED WITH OUR OWN SECRET RECIPE STEAK SEASONING. PRICE INCLUDES ONE SIDE AND ONE POTATO OPTION.

CHOOSE YOUR STEAK	CHOOSE YOUR SIDE	CHOOSE YOUR POTATO
80Z RUMP (GFO) This cut has a rich and generous depth of flavour. It's lean and tender with a satisfying chew. 19.95 160Z RUMP STEAK (GFO) Looking for a more substantial cut. Enjoy a nice double whammy 1602 cut	STIR FRIED CAJUN VEGETABLES	Sweet potato fries (+1.00) Fries
of our rump steak. 25.95 8OZ SIRLOIN STEAK (GFO) Taken from the same area as the T-bone. Sirloin is a leaner steak with less marbling than the Ribeye. A low-fat option with a Rich, full	Flat mushroom, vine tomatoes, peas & onion rings	Mashed potato
FLAVOUR. 26.95 NEW 80Z RIBEYE STEAK (GFO)	SEASONAL GREEN VEGETABLES	New potatoes
A cut of beef from the rib section, this steak is rich, juicy and prized for its flavour due to its generous marbling throughout the steak. 26.95 New BOZ FILLET STEAK (GFO) A very tender premium cut steak. This is a very lean cut with very little marbling running through it giving it a more delicate taste. 32.95 2002 FAMOUS MIXED GRILL (GFO) Our big plate option with - gammon, pork chop, lamb chop, rump steak, black pudding a butchers sausage & a fried egg. 24.95	Caprese Salad Green salad	Jacket potato Chunky Chips Dauphinoise potato
EXTRAS	BUTTERS	SAUCES
5 SCAMPI 5.00 4 KING PRAWNS 6.00 MAC CHEESE 5.00 ONION RINGS 2.00 CHICKEN BREAST 5.00	Chimichurri 1.00 Chilli butter 1.00 Chorizo Butter 1.00 Garlic & herb butter 1.00	BEARNAISE SAUCE 3.00 PEPPERCORN SAUCE 3.00 CREAMY GARLIC MUSHROOM SAUCE 3.00 BLUE CHEESE SAUCE 3.00

Allergen information available on request. (GF) = No Gluten containing products within the dish | (GFO) = Option to prepare without any gluten containing products. (V) = vegetarian | (VO) = vegetarian option (VG) = Vegan | (VGO) = vegan option • Please note we do prepare gluten containing products within our kitchen so although great care is taken to prepare items separately, we cannot guarantee items to be 100% gluten

FREE. •

SIZZLING SKILLETS - SERVED ON A SIZZLING HOT SKILLET

CHICKEN SKILLET (GF) SERVED WITH ASIAN STYLE STIR FRY VEGETABLES AND RICE. 15.95 - ADD 4 OZ STEAK STRIPS 5.00

KING PRAWN SKILLET (V) (GF) SERVED WITH ASIAN STYLE STIR FRY VEGETABLES AND RICE. 17.95

NEW SWEET CHILLI VEGETABLE STIR FRY SKILLET (VG) (GF) SERVED WITH ASIAN STYLE STIR FRY VEGETABLES AND RICE. 14.95 ADD FRIED EGG 1.00

CHILLI CON CARNE (GF) SERVED ON A BED OF RICE, WITH SOUR CREAM, GUACAMOLE, SALSA & TORTILLA CHIPS. 14.95

TRADITIONAL PLOUGHMANS (VO) (GFO)

A PROPER ENGLISHMAN'S LUNCH. CHOOSE FROM HAM OR CHEESE. SERVED WITH FRESH SALAD, PICKLED ONION, COLESLAW, APPLE GRAPES, HOMEMADE CHUTNEY, PORK PIE AND A BREAD ROLL. 14.95 • MAKE IT HAM & CHEESE FOR 2.00

BEER BATTERED COD & CHIPS (GFO) BEER BATTERED COD, SERVED WITH CHIPS, TARTARE SAUCE & GARDEN PEAS OR MUSHY PEAS. 15.95 · SMALL PORTION 12.95

NEW MARKET FISH OF THE WEEK (GFO) PLEASE SEE A MEMBER OF THE TEAM FOR

THIS WEEKS FRESH LOCAL FISH DISH.

CHEFS CURRY (GFO) PLEASE ASK A MEMBER OF THE TEAM FOR TODAYS HOMEMADE CURRY, 15.95 · ADD POPPADUM & NAAN BREAD FOR 2.50

MAC & CHEESE (V) FINISHED WITH PARMESAN GRATIN AND SERVED WITH GARLIC BREAD. 14.95 ADD FRIES 2.00 OR BACON CRUMB 2.00

NEW 5 BEAN CHILLI (VG) (GF) HOMEMADE 5 BEAN CHILLI, SERVED WITH RICE AND NACHOS. 13.95

· ADD 40Z STEAK STRIPS 5.00

PUB CLASSICS

HOMEMADE LUXURY FISH PIE (GF) SERVED WITH BUTTERED SEASONAL GREENS 16.95 ADD CIABATTA FOR 2.00 | GARLIC CIABATTA 2.00

10 OZ GAMMON STEAK (GFO) SERVED WITH EGG OR PINEAPPLE, CHIPS, TOMATO, MUSHROOMS, ONION RINGS & PEAS. 16.95 SMALLER GAMMON 14.95

HOMEMADE BEEF LASAGNE HOMEMADE LASAGNE SERVED WITH SALAD AND GARLIC BREAD. 14.95 · ADD CHIPS FOR 2.00

CHEFS PIE PLEASE SEE A MEMBER OF THE TEAM FOR TODAYS HOMEMADE PIE. SERVED WITH MASHED POTATO, SEASONAL VEGETABLES AND GRAVY. 15.95

CHICKEN, CHORIZO & PESTO TAGLIATELLE A CREAMY, RED PESTO AND PARMESAN SAUCE WITH CHICKEN AND CHORIZO. 14.95 ADD GARLIC BREAD FOR 2.00

SCAMPI & CHIPS Served with homemade tartare sauce, lemon and garden peas. 14.95 **SMALL PORTION 12.95**

MEATY BELLY PORK RIBS (GF) BIG AND MEATY BELLY PORK RIBS, COOKED IN BBQ. SERVED WITH FRIES, CORN ON THE COB AND HOMEMADE COLESLAW. 20.95 ADD CHICKEN BREAST FOR 5

HUNTERS CHICKEN (GF) CHICKEN BREAST WITH BACON, BBQ & CHEESE, SERVED WITH CHIPS & SALAD. 15 95 ADD COLESLAW FOR 2.00

NEW BEEF STROGANOFF (GF) SAUTÉED BEEF IN A CREAMY MUSTARD SAUCE. SERVED WITH RICE. 14.95

HAM EGG & CHIPS (GF) LOCALLY SOURCED HAM, FREE RANGE EGGS AND CHIPS. 12.95 SMALL PORTION 9.95

VEGETARIAN & VEGAN

DAHL (VG) (GF) SWEET POTATO, SPINACH LENTIL DAHL, SERVED WITH RICE & COCONUT YOGHURT. 13.95 ADD FRIES 2.00

HOMEMADE VEGAN BURGER (VG) WITH LETTUCE, TOMATO, RED ONION, LEMON AIOLI & FRIES. 14.95

BURGERS

BEER BATTERED COD BURGER COD FILLET IN AN ALE BATTER, SERVED WITH LETTUCE, TOMATO, RED ONION, CURRY MAYONNAISE & FRIES. 14.95

BURGER EXTRAS ADD COLESLAW 2.00 | CHILLI CON CARNE 3.00 | ONION RINGS 2.00 | BACON OR CHEESE 2.00 | CHEESE & BACON 3.00

NEV ROASTED CHERRY TOMATO, PEPPER & PESTO TAGLIATELLE (VG)

ROASTED CHERRY TOMATO, PEPPERS AND PESTO TOSSED THROUGH TAGLIATELLE. 14.95 ADD GARLIC CIABATTA 2.00

SPICY CHICKEN & CHORIZO BURGER SERVED WITH OUR CHIMICHURRI, JALAPENOS, CHORIZO, CHEESE, GEM LETTUCE, TOMATO,

PICKLED RED ONION & FRIES. 15.95 NEV HUNTERS CHICKEN BURGER CHICKEN BREAST TOPPED WITH BACON, BBQ

SAUCE AND CHEESE. SERVED IN A BUN WITH RED ONION, GEM LETTUCE, TOMATO AND FRIES. 15.95

SIGNATURE BURGER WITH OUR SIGNATURE BURGER SAUCE, CHEESE, RED ONION, GEM LETTUCE, TOMATO & FRIES. 14.95

THE MIGHTY BURGER BEEF BURGER, OUR OWN BURGER SAUCE, SAUSAGE, EGG, BACON, CHEDDAR CHEESE & FRIES 16.95

· *WHY NOT MAKE IT A BEAST ?* ADD A CHICKEN *MAKE IT AN ULTIMATE BURGER, BREAST 4.00 NOT FOR THE FAINT HEARTED - ADD CHICKEN BREAST, JALEPENOS, CHORIZO & JUG OF OUR 3 CHEESE SAUCE 6.00

CHEDDAR CHEESE, JALAPEÑOS, SOUR CREAM,

BACON CRUMB AND SPRING ONIONS, CHILLI

BEEF CHILLI (GF)

AND PARSLEY 11.95

LOADED CHIPS, FRIES & NACHOS

SALT & PEPPER CHICKEN STRIPS WITH BACON, CHEDDAR CHEESE, SPRING ONIONS, JALAPEÑOS, CHILLI & PARSLEY. 11.95

5 BEAN CHILLI (VGO) (GF) HOMEMADE 5 BEAN CHILLI. WITH CHEDDAR CHEESE, SPRING ONIONS, JALAPEÑOS, CHILLI & PARSLEY 11.95

	SIDE2		
CHUNKY CHIPS / FRIES 4.30 (GF)	CHEESY CHIPS 4.85 (GF)	Onion Rings 4.30	
Coleslaw 2.50 (VG) (GF)	Mixed Side Salad 3.85 (VG)	GARLIC BREAD 4.15	
CHEESY GARLIC BREAD 4.85	OLIVES 4.00 (VG)	CURRY SAUCE 2.00	

WE ARE PROUD TO UTILIZE THE WEALTH OF FRESH LOCAL PRODUCE AVAILABLE TO US WHEN CREATING OUR MENUS. SUPPORTING OUR LOCAL SUPPLIERS